#### Application guide

## Mepi™ Press 2 Lite

A multi-component compression system with reduced compression pressure, designed for patient comfort and ease of application.







### The guiding rhombus

The rhombic-shaped indicator printed on both bandages acts as a visual guide during application and is an important aid in achieving the therapeutically required compression pressure.





Correct application



Overstretched









#### **Preparations**

The compression system must be used on intact (uninjured) skin only. Wounds must be treated beforehand with a suitable wound dressing.



Before use, measure the circumference of the patient's ankle. (Mepi Press 2 Lite is indicated for an ankle circumference of 18–32cm).



Make sure that the patient's foot remains at a  $90^\circ$  angle to the lower leg throughout the application process.



Scan the QR-code for further information including an application video or visit molnlycke.xx/xxxxxxxxxx

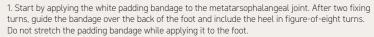


## Step 1 First white padding bandage





2. Wrap the white padding bandage in a spiral around the leg above the ankle with an overlap of 50%. For optimal pressure, stretch the bandage until the printed indicator shows a regular-shaped square with all sides of equal length (see illustration).







3. When you reach approximately 2cm below the head of the fibula, tear off excess bandage material. Additional fixation is not required, but plaster strips can be used if necessary.

4. Unused material from the first component may be used for additional padding at the edge of the tibia, the extensor tendon, where the back of the foot meets the tibia, and at the Achilles tendon.



# Step 2 Second brown cohesive compression bandage





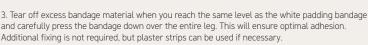
1. Apply the brown cohesive compression bandage to the foot in the same way as the padding bandage. Do not stretch the brown compression bandage while applying it to the foot and do not use the printed indicator as a guide at this stage.



2. Wrap the brown compression bandage in a spiral around the leg above the ankle with an overlap of the layers of 50%. For optimal pressure, stretch the bandage until the printed indicator shows a regular shaped square with all sides of equal length (see illustration).







It may be necessary to adjust the application technique to suit the anatomical or pathophysiological characteristics of the patient and/or according to the medical prescription.

